

# 6 DINNERS UNDER \$60- WEEK #100

\*Italian Grinder Wraps

\*One Pot Turkey Stroganoff

\*Bacon Alfredo French Bread Pizzas

\*Southwest Chicken Pasta Salad

\*Cheesy Sausage & Rice Skillet

\*Cheeseburger Tot Bowls

## SHOPPING LIST

### PRODUCE

- Romaine Lettuce
- Roma Tomatoes (x7)
- Mushrooms (8oz)
- Onion (x1)

### MEAT DEPT

- Rotisserie Chicken
- Pepperoni
- Ground Turkey (2lbs)
- Bacon Pieces (2.5oz)
- Smoked Sausage (14oz)

### DAIRY

- Mozzarella (8oz)
- Sour Cream (8oz)
- Cheddar (16oz)

### FROZEN

- Tater Tots (32oz)
- Broccoli (12oz)

### PANTRY

- Flour Tortillas (lg)
- Italian Dressing
- Beef Broth (32oz)
- Cream of Mushroom (10.5oz)
- Rotini Pasta
- Green Beans (14.5oz)
- French Bread Loaf
- Alfredo Sauce
- Ranch Dressing
- Taco Seasoning
- Black Beans (15oz)
- Corn (14.5oz)
- White Rice
- Chicken Broth (16oz)
- Ketchup
- Mustard
- Pickles

\*Assuming you have your preferred cooking oil, and your favorite seasonings.

## Italian Grinder Wraps with Tater Tots

16 oz frozen tater tots  
4 large Flour tortillas  
2 cups chopped romaine lettuce  
2-2.5 cups cooked chicken, shredded  
4 oz sliced pepperoni  
1 cup shredded mozzarella  
2 roma tomatoes, diced  
Italian dressing

1. Cook the tater tots in the air fryer at 360 degrees for 18 to 22 minutes, shaking halfway through cooking.
2. Layer each tortilla with chopped romaine, shredded chicken, pepperoni, mozzarella, tomatoes, and banana peppers.
3. Drizzle with Italian dressing.
4. Roll tightly and slice in half if desired.
5. Serve with crispy tater tots.

## One Pot Turkey Stroganoff

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1 lb ground turkey  
1/2 onion, diced  
8 oz mushrooms, sliced  
Favorite seasonings  
4 cups beef broth  
10.5 oz cream of mushroom soup  
8 oz rotini pasta  
1/2 cup sour cream  
14.5oz green beans

1. In a large pot or deep skillet, cook the ground turkey, onion, and mushrooms until the turkey is fully cooked.
2. Season to taste with favorite seasonings.
3. Stir in the beef broth, cream of mushroom soup, and rotini pasta.
4. Bring to a simmer and cook uncovered, stirring occasionally, until the pasta is tender.
5. Remove from heat and stir in the sour cream. Heat green beans in the microwave or on the stove top to serve on the side.

## Bacon Alfredo French Bread Pizzas

1 loaf French bread

1/2 cup Alfredo sauce

2 cups shredded mozzarella cheese

2 oz pepperoni

1/2 cup bacon pieces

2 tomatoes, diced

1. Cut the French bread in half lengthwise, then into smaller sections that fit into the air fryer.
2. Spread Alfredo sauce over each piece of bread.
3. Top with mozzarella cheese, pepperoni, bacon pieces, and diced tomatoes.
4. Air fry until the cheese is melted and the bread is crispy around the edges. (about 6-10 minutes)
5. Slice and serve warm. (if still have lettuce, serve with side salad)

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## Southwest Chicken Pasta Salad

8 oz rotini pasta

3/4 cup ranch dressing

2 tablespoons taco seasoning

2-2.5 cups shredded rotisserie chicken

15oz black beans, drained

14.5oz corn, drained

1 cup shredded cheddar cheese

2 Roma tomatoes, diced

1. Cook the rotini in boiling water until tender. Rinse with cold water and drain well.
2. In a large bowl, stir together the ranch dressing and taco seasoning.
3. Add the cooled pasta, chicken, black beans, corn, cheddar cheese, and diced tomatoes. Toss until everything is coated.
4. Chill until ready to serve.

## Cheesy Sausage & Rice Skillet

14 oz smoked sausage, sliced  
1 cup uncooked white rice  
2 cups chicken broth  
1/2 cup sour cream (or milk)  
1 cup shredded cheddar cheese  
12oz frozen broccoli

1. In a large skillet with a lid, cook the smoked sausage until lightly browned.
2. Stir in the uncooked rice and cook for 1 minute.
3. Pour in the chicken broth and bring to a simmer.
4. Cover and cook until the rice is tender.
5. Stir in the sour cream and cheddar cheese until creamy and melted.
6. Steam broccoli in the microwave to serve on the side.

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## Cheeseburger Tot Bowls

16 oz frozen tater tots  
1 lb ground turkey  
1/2 onion, diced  
Favorite seasonings  
1/4 cup ketchup  
2 tablespoons mustard  
1 cup shredded cheddar cheese  
Pickles, Lettuce, Tomatoes

1. Cook the tater tots in the air fryer at 360 degrees for 18 to 22 minutes, shaking halfway through cooking.
2. In a large skillet, cook the ground turkey and onion until fully cooked. Season as desired.
3. Stir in the ketchup and mustard.
4. Sprinkle the cheddar cheese over the turkey mixture and allow it to melt.
5. Fill bowls with crispy tater tots and a scoop of the cheeseburger turkey mixture. Top with pickles, lettuce, and tomatoes before serving.