CROCK POT SIDES

FRIED APPLES

(Serves 8-10)

3-4lbs of apples- \$3.78

2tbsp cornstarch- \$0.08

1/4 cup brown sugar- \$0.11

1/4 cup white sugar- \$0.09

1 tsp cinnamon- \$0.03

1/4 cup of butter- \$0.99

2 tsp lemon juice-\$0.02

1 tsp vanilla-\$0.03

\$5.10

- 1. Peel and Slice Apples into wedges.
- Add apples and cornstarch to the crockpot. Stir to coat apples.
- 3. Add remaining ingredients and stir well to combine.
- 4. Cook on low for 4 hours or on high for 2 hours.

CREAMED SPINACH

(Serves 8-10)

24oz frozen spinach- \$2.32 1/4 cup butter (melted)- \$0.49 1/2 cup chicken broth- \$0.72 4oz cream cheese (softened)- \$0.93 10.5oz cream of mushroom- \$0.68 Italian Dressing Mix- \$0.54

\$5.68

- 1. Thaw and squeeze as much liquid out of the spinach as you can then put spinach in crockpot.
- 2. Combine all other ingredients in a small bowl and mix to combine.
- 3. Pour over spinanch mixture.
- 4. Cook on low for 2-3 hours.

CREAMY JALAPENO CORN

(Serves 10-12)

3-5 jalapeno peppers - \$0.46 32oz bag of frozen corn - \$2.48 8oz block of cream cheese- \$1.86 1/4 cup butter- \$0.49

\$5.29

- Wash, deseed, and chop the jalapenos peppers.
- 2. Cube the cream cheese & the butter.
- 3. Combine all ingredients in the crockpot. You can add seasonings like salt, pepper, and garlic if you like.
- 4. Cook on low for 4-5 hours until corn is tender.
- 5. I like to stir this a couple times while it cooks!

SLOW COOKER GREEN BEANS

(Serves 8)

2 (12oz) bags of frozen green beans - \$1.96 1 onion (chopped)- \$1.23 1/2 cup bacon pieces- \$1.98 1/4 cup butter - \$0.49 salt, pepper= \$0.02

\$5.68

- 1. Chop onion in a small dice. Cube the butter.
- 2. Add green beans, onion, and bacon to the crockpot.
- 3. Top with cubed butter and season with salt, pepper, and any other seasonings you like!
- 4. Cook on high for 2-3 hours.

BAKED BEANS

(Serves 10-12)

1/2 onion- \$0.61

3 cans (15.5oz) Great Northern Beans - \$2.58

3 cups water- \$0.00

1 cup Ketchup: \$0.36

5 slices of Bacon- \$1.72

1/3 cup Brown Sugar- \$0.15

1 tbsp Apple Cider Vinegar- \$0.03

2 tbsp Honey- \$0.46

1/2 tsp Dijon Mustard-0.02

salt/garlic-\$0.02

\$5.95

- Chop onion and saute in a pan until carmelized.
- 2. Drain and Rinse the beans.
- 3. Chop bacon into pieces
- Add all ingredients to a crockpot and stir well.
- 5. Cook on low for 6 hours or 3-4 hours on high!

BUFFALO BACON CAULIFLOWER

(Serves 8-10)

24oz frozen Cauliflower- \$2.32
4oz cream cheese- \$0.93
1 cup shredded mozzarella cheese- \$0.98
1/2 cup hot sauce- \$0.37
1/4 cup Ranch Dressing- \$0.25
2.5oz bacon bits- \$1.98
3 Green Onions- \$0.30

\$7.13

- 1. Put cauliflower in the crock pot.
- 2. Top with cubed cream cheese.
- 3. In a small bowl mix together mozzarella, hot sauce, ranch, bacon, and chopped green onions. then pour over cauliflower.
- Cook on low for 3.5-4 hours. Stir occasionally while cooking.

MAC & CHEESE

(Serves 10)

Elbow Macaaroni (11b)- \$0.98

1/2 cup butter- \$0.99

4 cups shredded cheddar- \$3.74

12oz Evaporated milk- \$1.22

10oz Cheddar Cheese Soup- \$1.72

1 cup of milk- \$0.27

2 eggs- \$0.50

\$9.41

- 1. Boil pasta on the stove and then drain.
- Put pasta in the crockpot, then add cubed butter.
- In a large bowl, combine 3 cups cheddar, evaporated milk, cheddar soup, milk, and beaten eggs.
- 4. Pour mixture over noodles and stir to combine.
- 5. Cook on low for 3.5-4 hours.
- 6. Sprinkle remaining shredded cheese, and cook another 15-20 minutes until melted

RANCH POTATOES

(Serves 10)

3lb red potatoes- \$4.98 1 cup water- \$0.00 1/2 cup Ranch Dressing- \$0.49 1/2 cup shredded cheddar cheese- \$0.46 salt, pepper, garlic powder- \$0.04 1-2 green onions- \$0.20

\$6.17

- 1. Wash and quarter the potatoes.
- 2. Add potatoes and water to the crockpot, then cook on high 3-5 hours until tender.
- 3. Stir in ranch dressing, cheese, seasonings, and chopped green onions.

@lowdoughfamily