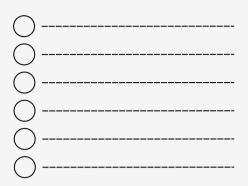
6 to 1 Grocery List

6 VEGETABLES



5 FRUITS



3 STARCHES



2 SAUCES



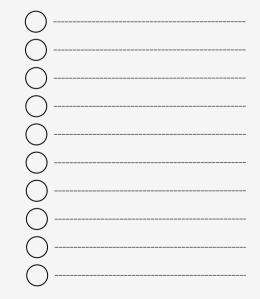
1 TREAT



ADDITIONAL ITEMS



4 PROTEINS



BUDGET:



6 to 1 Meal Plan

Monday
Tuesday
r desiday
Wednesday
Thursday
Friday

Weekend